

THRIFTY FOODS

Eat happy



BUY 1 GET 1 FREE*

*Same Item of Equal or Lesser Value



BUY 1 GET 1 FREE

BC Fresh Whole Frying or Roasting Chicken
Product of Surrey
Regular Retail Starting at: \$5.29/lb \$11.66/kg



BUY 1 GET 1 FREE

Bergen Farms BC Blueberries
Grown in Abbotsford or on Vancouver Island
510 g/18 oz. Pack \$7.99 Each



BUY 1 GET 1 FREE

Fresh Pork Tenderloin
Regular Retail Starting at: \$8.49/lb \$18.72/kg

BUY 1 GET 1 FREE

Wild BC Albacore Tuna Tataki
Seared, Frozen or IFC Atlantic Canadian Cooked Snow Crab Legs 454 g



BUY 1 GET 1 FREE

Dan-D Pak Super Mac with Pistachio
Sea Salted or Unsalted, 600 g



BUY 1 GET 1 FREE

Tribal Java Organic Coffee
Roasted in Vernon
Selected Varieties 340-400 g



BUY 1 GET 1 FREE

Portofino Brioche or Potato Buns
6 Pack



BUY 1 GET 1 FREE



Thrifty Kitchens Vegetable Pakoras
Sold by Individual Piece, Available Chilled

BUY 1 GET 1 FREE



Bell Pepper 3 Pack
Product of British Columbia

3.99 EACH

Silk Beverages 1.75-1.89 L



5.99 EACH

Bubly Sparkling Water
12x355 ml



4.94 EACH

Dr. Oetker Giuseppe Pizza Thin or Rising Crust
Selected, 439-785 g



MEMBERS SAVE \$2

5.99 EACH

Island Farms Premium, Plus or Country Cream Ice Cream
1.65 L
Selected Made in Victoria



Scene® SPEND & GET

SPEND \$125 OR MORE GET

1000 PTS

That's like \$10 in free groceries

4 DAYS ONLY

Thursday, July 17 - Sunday, July 20, 2025. DON'T FORGET YOUR COUPON



7 70974 01141 7 See Offer Details on Page 5



DIGITAL FLYER

PROUDLY Canadian since 1977 ON SALE specials THURS, JULY 17 - WED, JULY 23, 2025

P01_TF_WK12_PRR



PROUDLY *Canadian*

since 1977

**LOOK FOR THE LEAF IN OUR FLYER
AND IN-STORE.**

It will help you identify products that are
Made in Canada, Product of Canada, or 100% Canadian.



Symbols to look for to help you support our communities

LEARN MORE

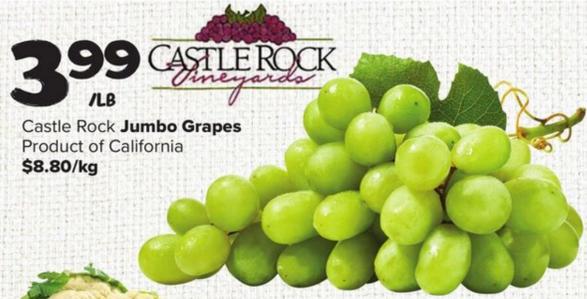


Family SIZE

7.49 /LB
Fresh Lean Ground Beef \$16.51/kg



Starting at **8.99** EACH
300 PTS when you buy 2
Thrifty Kitchens Soup or Chili 700 ml
Made In-Store



3.99 /LB
Castle Rock Jumbo Grapes
Product of California
\$8.80/kg



4.99 EACH
Cauliflower
Product of Canada
Large

Made with 100% CANADIAN FLOUR



5.49 EACH
Thrifty Kitchens Fresh Chicken Cordons Selected, 200 g
Product of Victoria



2.99 /100 G
Compliments Black Forest Ham, Honey Ham, Cooked Turkey or Smoked Turkey



1.49 EACH
Baguette
French or Sourdough 300 g
Baked In-Store

8.99 EACH
Armstrong Cheese 600 g, Shreds 450-500 g or Saputo Mozzarellissima 690 g



31/\$9.99
Lay's Potato Chips 220-235 g



2.99 EACH
Lactantia Cream Cheese 227-250 g

3.49 EACH
Danone Activia Yogurt 625-650 g

2.99 EACH
LeClerc Celebration Cookies 200-350 g, Pepperidge Farm Goldfish Crackers or Crisps 156-240 g

Scene **BIG BONUS**

500 PTS when you buy 1

Compliments Bathroom Tissue 30-100 Rolls

That's like **\$5** toward your groceries

8.88 EACH
Adams Peanut Butter 1 kg

8.99 EACH
Kellogg's, General Mills or Post Jumbo Cereal 700 g-1.3 kg

2.99 EACH
1000 PTS when you buy 6
Nature Valley Crunchy or Trail Mix Granola Bars or Betty Crocker Fruit or Gushers Selected Varieties 120-230 g

Scene **scratch & win**

GET 300 PTS FOR EVERY \$20 SPENT

Offer valid from July 17 - 30, 2025 on every \$20 spent on Scratch & Win in a single transaction. Scene+ card must be scanned at time of transaction. Scene+ points are not issued on the sale of other lottery purchases. Terms and conditions apply.

100% FRESH GUARANTEE STOREWIDE SATISFACTION OR YOUR MONEY BACK.

MEMBERS SAVE 50%
7.49
EACH
MEMBER PRICE

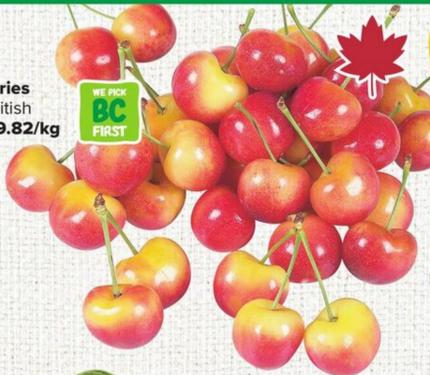
7.99 without Scene+ Card

Seedless Watermelon
Product of USA
8 lb Average



8.99
/LB

Rainier Cherries
Product of British Columbia \$19.82/kg



2.49
/LB

Rhubarb
Product of British Columbia \$5.49/kg



2.99
/LB

Papaya
Product of Mexico \$6.59/kg



50 PTS
when you buy 2

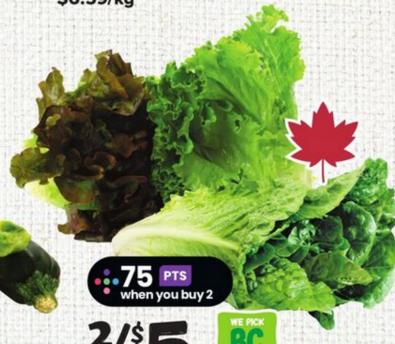
1.49
EACH

Long English Cucumbers
Product of British Columbia



1.99
/LB

Green or Yellow Zucchini
Product of British Columbia \$4.39/kg



75 PTS
when you buy 2

2/5

Romaine, Green or Red Leaf Lettuce
Product of British Columbia



8.99
EACH

Nature Fresh Farms Hiros Cherry on the Vine Tomatoes
Product of British Columbia 680g/1.5lb Pack

100 PTS
when you buy 1

ORGANIC



2.69
/LB

Organic Apples
Royal Gala or Granny Smith
Product of New Zealand, Chile or USA, Extra Fancy Grade \$5.93/kg

100 PTS
when you buy 1

6.99
EACH

Organic Avocados
Product of Mexico 3 Pack



100 PTS
when you buy 2

2/7



Compliments Organic Mushrooms
White or Cremini Sliced, 227 g Pack
Product of British Columbia

6.49
EACH

Organic Bell Peppers
Product of British Columbia 2 Pack



50 PTS
when you buy 2

2/3



Lemon Tree Organic Lemon or Lime Squeezer
Product of Canada 125 ml

Ask our **FLORISTS** for **CUSTOM BOUQUETS, arrangements AND MORE!**

11.99
EACH

Mini Gerbera
15 Stem Assorted Colours Grown in Pitt Meadows



WE PICK BC FIRST

Starting at

5.99
EACH

Honeybee Pots with Assorted Tropicals 2" or 4" Grown in Surrey



WE PICK BC FIRST

29.99
EACH

Mixed Hanging Basket 12" Pot Assorted Colours Grown in Victoria



WE PICK BC FIRST

15.99
EACH

BC Grown Bouquet Grown in Chilliwack



WE PICK BC FIRST

2

Scene+

The Scene+ Loyalty Program is available at all participating Thrifty Foods locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions.

CUSTOM CUTS, marinades AND MORE - ask our MEAT EXPERTS in store

22⁹⁹ EACH
Butterball
Turkey Breast Roast
Regular, Stuffed or
Breast and Thigh
Frozen, 1.2-1.5 kg



5⁹⁹ /LB
**Fresh Pork
Belly Skinless**
\$13.21/kg



13⁹⁹ /LB
**Fresh Beef
Tri-Tip Steaks
or Roast**
Cut from Canada
AAA Grade Beef
\$30.84/kg



4⁹⁹ EACH
**Fresh Lean
Ground Pork**
454 g Tray Pack



**BUY MORE
SAVE MORE**

15% OFF
AT TL
WHEN YOU BUY 3 OR MORE
OR 2 AT 10% OFF

**BC Organic Whole
Frying Chicken**
Fresh or Frozen
Product of
Ashcroft
\$6.25/lb
\$13.78/kg



12-24g
OF PROTEIN
per serving

7⁹⁹ EACH

Beyond Meat
Plant-Based Sausage Links,
Breakfast Sausages, Burgers,
Ground Beef, Tenders, Steak or
NEW Bowls 226-400 g

5⁹⁹ /LB

**Panache
Fresh
Flattened
Chicken**
Lemon Greek
Herb, Jerk,
Portuguese
or Portuguese
Half Chicken
\$13.21/kg



7⁹⁹ EACH

**Schneiders
Juicy Jumbos**
Selected
375-450 g



13⁹⁹ EACH

**Hertel's
Naturally Smoked Bacon**
No Nitrates Added 500 g
Product of Port Alberni



Our SEAFOOD EXPERTS will FILLET your FISH in store - JUST ASK!



MEMBERS SAVE \$2
10⁹⁹ EACH
MARINA DEL REY
**Ecuadorian Jumbo
Raw Shrimp**
10-20 ct per lb,
340 g or Wild
Argentinian Raw
Shrimp 16-20 or
20-40 ct per lb,
Selected, 300 g

1⁹⁹ /100 G

Fresh Wild Pacific Rockfish Fillets
Product of British Columbia
Subject to Availability \$9.03/lb



3⁹⁹ /100 G

**Fresh Wild
Pacific Sockeye
Salmon Fillets**
\$18.10/lb



150 PTS
when you spend \$10

2⁵⁰ EACH

**Large Ultra
Natural
Shrimp
Skewers**
Raw
62 g



NEW

8⁹⁹ EACH

**Panache Tempura
Shrimp with Truffle
Flavour** 252 g or
Sawmill Bay
Breaded Oysters
150 g or



8⁹⁹ EACH

**Nanuk
Wild
Smoked
Sockeye
Salmon Lox**
Frozen, 85 g
Product of
Vancouver



OUR DELI is full of MEATS, sliced or shaved YOUR WAY!

MEMBERS SAVE \$1/100 G
4.99
 /100 G
 MEMBER PRICING

Leoncini
 Italian 18 Month
 Aged Prosciutto
 Sliced Fresh

5.99 without Scene+ Card



6.49
 EACH

MarcAngelo
 Sliced Italian
 Deli Meats
 Selected
 100 g
 Product of Italy



200 PTS when you spend \$10

3.99
 /100 G

Frico
 Gouda
 Mild, Medium,
 Spiced, Aged,
 Smoked or Chili



100 PTS when you buy 2

6.99
 EACH

Grimm's
 Mini Pepperoni
 Sticks
 Selected
 250 g



Starting at

9.49
 EACH

Panache
 Parmigiano
 Reggiano or
 Grana Padano
 Product of Italy
 200 g



MEMBERS SAVE \$1

9.99
 EACH
 MEMBER PRICING

10.99 without Scene+ Card
 Compliments
 Feta
 400 g



MEMBERS SAVE 50%/100 G
3.49
 /100 G
 MEMBER PRICING

Leoncini
 Prosciutto
 Cotto Ham

3.99 without Scene+ Card



4.99
 /100 G

King James
 Royal Blue Stilton
 Product of England



TAKE IT to go!

MEMBERS SAVE 50%
6.99
 EACH
 MEMBER PRICING

7.49 without Scene+ Card
 Thrifty Made
 Paninis
 235-315 g



100 PTS when you buy 2

8.99
 EACH

Yucatan
 Squeeze
 Guacamole
 340 g



100 PTS when you buy 2

5.49
 EACH

Olivieri
 Regular Pasta
 280-360 g or
 Fresh Sauce
 160-300 ml



25% OFF
 AT TRL
 WITH MINIMUM
 250 G PURCHASE

Thai Peanut
 Broccoli Salad
 or Other Select
 Varieties from
 the Service
 Case



SUSHI & more

100 PTS when you buy 2

Zenshi
 Rainbow
 Roll
 255-266 g



50 PTS when you buy 1

Zenshi
 Summer Roll
 142 g



BULK

25% OFF
AT TEL

Left Coast
Organics
Organic
Cashews
Selected



ORGANIC



MEMBERS SAVE \$1
5.99
EACH
MEMBER PRICING

6.99 without Scene+ Card
Dan-D Pak
Rice Crackers
454 g

1.99 /100 g
Roasted Almonds
Salted, Unsalted
or Tamari



1.69 /100 g
Dried
Cranberries



6.99 EACH
Two-Bite Oreo®
Mini Cupcakes
12 Pack, 273 g

COOKIES & Creme



7.99 EACH
Kimberley's
Frosted Oreo®
Cookies 332 g



8.99 EACH
MEMBER PRICING
9.99 without Scene+ Card
Cookies & Cream
Small Bar Cake
460 g



6.99 EACH
Oreo® Two-Bite
Brownies 300 g

DISCOVER our large selection of **NATURAL & ORGANIC** products!

BUY MORE SAVE MORE

\$3.49 EA
WHEN YOU BUY
2 OR MORE
OR 1 FOR 3.99

Natural Cabana
Lemonade
591 ml



5.99 EACH
Santa Cruz
Juice
946 ml



4.49 EACH

Hardbite
Kettle Chips
150 g or
Purpleful
Popcorn
136 g



6.99 EACH

Camino
Hot
Chocolate
336 g



6.49 EACH

Natrel
Organic
Milk 2 L,
Made in
Burnaby



Starting at

6.99 EACH

Carbonaut
Bread
Select Varieties
164-550 g



5.99 EACH

Riviera Vegan Delights,
500-650 g or
4 Pack 120 g



150 PTS
when you buy 2

7.49 EACH

Kashi Organic
or GoActive
Cereals
349-510 g



**Scene+
SPEND & GET**

Offer valid July 17 - July 20, 2025 at all Thrifty Foods locations in British Columbia. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Printed or digital coupon and Scene+ digital or physical membership card must be presented. Spending \$125.00 or more awards only one 1000 Scene+ points allotment. Offer excludes taxes and other goods and services which are non-discountable or excluded by law or as we determine from time to time. Limit one basket builder offer per Scene+ membership card per day. Coupon has no cash value and cannot be combined with any other offers. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

MEMBERS SAVE \$0.75
4.99 EACH
 MEMBER POINTS

Shepherd Gourmet Dairy Skyr Icelandic Style Yogurt 500 g

5.49 EACH
 without Scene+ Card

3.99 EACH **150 PTS** when you buy 3

Yoplait Yogurt Tubes or Minigo 6-8 Pack

4.99 EACH

Donia Farms Heritage Yogurt 650 g
 Made Using Milk from Grass Fed Cows
 Made in Surrey

150 PTS when you buy 3

3.99 EACH

International Delight Creamers 425 ml

DAIRY & frozen

3.49 EACH

Island Farms Sour Cream 500 ml
 Made In Victoria

10% OFF AT TEL

Paradise Island Random Cut Cheese Packaged in Nanaimo

5.99 EACH

Paradise Island Cheese Shredded or Shaved 170-270 g
 Made in Nanaimo

6.99 EACH **100 PTS** when you buy 2

Philadelphia Cream Cheese 340 g

9.99 EACH

Cracker Barrel Cheese Slices 500 g

5.99 EACH

Tropicana Lemonade or Zero Sugar Drinks or Tropics 1.36-1.53 L Selected

MEMBERS SAVE \$1
6.49 EACH
 MEMBER POINTS

Red Baron Rising Crust Pizza 740-875 g

7.49 EACH
 without Scene+ Card

2/\$12

Ben & Jerry's Ice Cream 473 ml or Magnum Novelties 3-4 Pack

3.99 EACH

Pillsbury Pizza Pops 380 g

6.79 EACH

McCain Deep'n Delicious Cakes 510 g

2/\$5

Michelin's Frozen Entrées 128-284 g

VITAMINS & more

15% OFF AT TEL

North Coast Naturals Ultimate Daily Greens or Cleanse Selected 270 g-1 kg

15% OFF AT TEL

NOW Foods Vitamins or Supplements Selected Sizes and Varieties

100 PTS when you buy 2

1.99 EACH

Kind Bars 40 g

7.99 EACH

Aveeno Body Wash Selected 532 ml

BUY more SAVE more

\$2.29 EA WHEN YOU BUY 2 OR MORE OR 1 FOR 2.49

Baby Gourmet Puree Pouches Selected 92-128 ml

MEMBERS SAVE \$2
26.99 EACH
 MEMBER POINTS

Natural Calm Magnesium Supplements Selected 226 g

28.99 EACH
 without Scene+ Card

15% OFF AT TEL

Lean Fit Whey or Plant Protein Powders Selected 715-832 g

5.99 EACH

Green Beaver Toothpaste Selected, 75 ml

10% OFF AT TEL **150 PTS** when you buy 2

Children's Tylenol, Motrin or Benlyn Selected*

15% OFF AT TEL **150 PTS** when you buy 2

Band-Aid Characters 20 Pack or Flex Fabric 30 Pack

DRINKS & snacks

26⁹⁹ EACH
Starbucks Coffee 793 g or K-Cups 24 Pack

BUY more SAVE more
\$3⁹⁹ EA WHEN YOU BUY 2 OR MORE OR 1 FOR 4.69
Christie Cookies Selected, 224-303 g

4⁹⁹ EACH
Christie Premium Plus 450-481 g or Good Thins Crackers 100 g

5⁴⁹ EACH
Hershey's Bagged Chocolate 160-290 g

BUY more SAVE more
\$4⁷⁹ EA WHEN YOU BUY 2 OR MORE OR 1 FOR 5.49
Maynards Large Bag Candy 308-355 g

11⁹⁹ EACH
Tim Hortons Single Serve Coffee, Hot Chocolate or Orange Pekoe Tea Cups 10-12 Pack

4⁹⁹ EACH **100 PTS** when you buy 2
Coca-Cola Soft Drink Mini Cans 6x222 ml

200 PTS when you buy 2
13⁴⁹ EACH
Heineken Alcohol-Free Beer Cans or Bottles 6x330 ml

2/\$9
Lay's Poppables 170-200 g or Miss Vickie's Kettle Chips 190-200 g

13⁹⁹ EACH
Quaker Dips or Chewy Bars Club Pack 935-960 g

GROCERY & more

3⁴⁹ EACH
Catelli Smart 340-375 g or Healthy Harvest 375 g (Excludes Lasagna) or Panache Pesto 212 ml

6⁹⁹ EACH
Mazola Oil 1.18 L

3⁴⁹ EACH **150 PTS** when you buy 3
Villaggio Bread 510-540 g, Buns 6-8 Pack, Dempster's 7" Tortillas 272-340 g or Tia Rosa Tortillas 220-328 g

3⁹⁹ EACH **100 PTS** when you buy 2
Compliments Salsa 650 ml

MEMBERS SAVE \$1
4⁹⁹ EACH **MEMBER PRICING**
Compliments Wild Pacific Sockeye Salmon 213 g (Excludes No Salt)

1000 PTS when you buy 6
6⁴⁹ EACH
General Mills Family Size Cereal Selected 475-778 g

3⁶⁹ EACH
Quaker Instant Oatmeal 232-344 g or Quick or Old Fashioned Oats 900 g-1 kg Selected

15% OFF AT TILL
Compliments Baking Nuts Selected, 100 g (Excludes Pine Nuts), Raisins, Currants, Dates or Prunes Selected 375 g-1 kg

6⁴⁹ EACH
Club House La Grille Seasonings or Spice Blends Selected 65-248 g

50 PTS when you buy 2
3⁷⁹ EACH
Ritter Sport Bars 100 g

HOUSEHOLD & more

MEMBERS SAVE \$1
18⁹⁹ EACH **MEMBER PRICING**
Cesar Wet Dog Food 1.2 kg

7⁹⁹ EACH **100 PTS** when you buy 2
Glad Kitchen Bags 28-52 Pack or Compostable Tall 10 Pack

8⁴⁹ EACH
Purex Bathroom Tissue 8=16 Rolls or Spongetowels Ultra 2=4 Rolls

7⁹⁹ EACH **100 PTS** when you buy 2
Compliments Fabric Softener Sheets 200 Pack

3⁹⁹ EACH **100 PTS** when you buy 2
Clorox Clean-Up or All Purpose Cleaners 946 ml or Bathroom Foam 887 ml



MEMBERS SAVE
10% OFF
AT TILL
MEMBER
PRICING

Thrifty Kitchens
Fresh Sausages
Product of Victoria

- MADE BY US TO MAKE YOU SMILE
- MADE FROM BC CHICKEN, TURKEY OR WESTERN CANADIAN PORK



WE PICK
BC
FIRST

Our **TEAM'S PICKS**



5.99
EACH

Yeshi
Salad Dressing
350 ml
Made in Mill Bay

- PLANT BASED AND LOCALLY MADE
- GLUTEN, DAIRY, EGG AND NUT FREE
- USE AS A DRIZZLE, MARINADE, DIP OR SPREAD!



WE PICK
BC
FIRST

2.49
/LB

Early Nugget
Warba Potatoes
Product of British Columbia \$5.49/kg



WE PICK
BC
FIRST

- HARVESTED WITH THIN SKIN
- NO PEELING NEEDED
- DELICIOUS FLAVOUR WITH A CREAMY TEXTURE
- SHORT SEASON SO TRY THEM TODAY!

4.49
EACH

Sourdough Buns
4 Pack 315-345 g



50 PTS
when you buy 1

- BAKED IN-STORE
- MADE WITH 100% CANADIAN FLOUR
- AVAILABLE IN ONION POPPYSEED, CHEESE & ONION OR EVERYTHING TOPPED

2.99
EACH

Herbs Assorted
Varieties, 4" Pot



- GREAT FOR SUMMER SALADS & BBQS
- YOU CAN MAKE HERBED BUTTERS!

WE PICK
BC
FIRST

ON SALE *specials* THURS, JULY 17 - WED, JULY 23, 2025

SUMMERFEST



FEATURING

LOCAL

snacking



4.99
EACH

Fresh Is Best
Tortilla Chips
Made in Kamloops
300 g



4.99
EACH

NoochPop!
Vegan Popcorn
Made in New Westminster
120 g



5.99
EACH

Arbutus Farms Cocina
Chips
Made in Duncan
350 g



9.99
EACH

SeaChange
Salmon Jerky
Selected Product of Quadra Island
60 g



60 PTS
when you buy 2

2.49
EACH

Golden Bonbon
Nougats
Made in New Westminister
70 g



12.99
EACH

Salt Spring Island
Goat Cheeses
Selected Varieties
Made in Salt Spring Island
150 g



SUMMERFEST



FEATURING

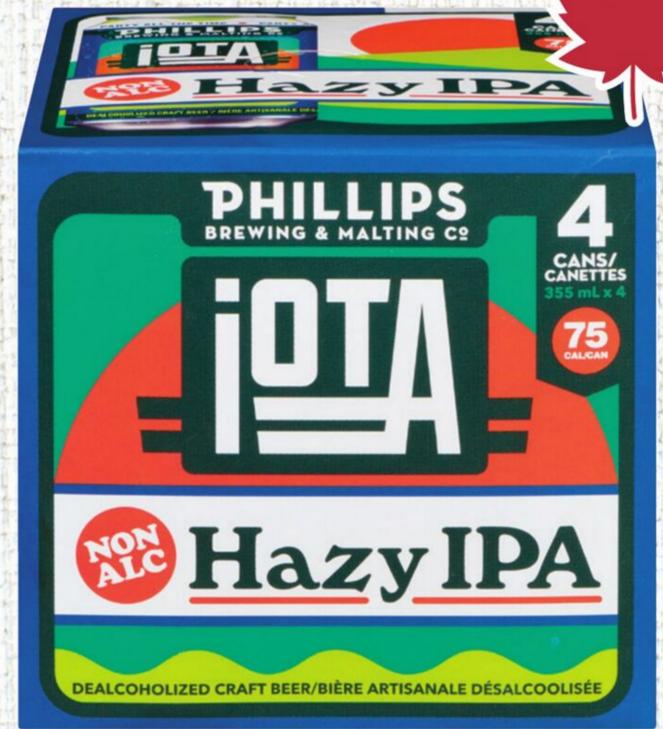
LOCAL

beverages



7.99
EACH

Phillips Iota
Dealcoholized Craft Beer
Made in Victoria
4x355 ml



8.49
EACH

Spinnakers **Soda**
Made in Victoria
4x473 ml

6.99
EACH

Farming Karma
Hydr8
Made in Kelowna
4x285 ml



2/\$6

Underground
Kombucha
Made in
Vernon
355 ml



300 PTS
when you buy 2

7.99
EACH

Street Legal
Non-Alcoholic Beer
Made in Surrey
4x355 ml



ON SALE *specials* THURS, JULY 17 - WED, JULY 23, 2025



MADE BY us to MAKE you SMILE

10% OFF
AT TILL

Thrifty Kitchens
Beef Maui Style Ribs,
NEW Korean or Char Siu
Boneless Ribs
Product of Victoria



WE PICK
BC
FIRST

10% OFF
AT TILL

Thrifty Kitchens
7 Layer Dips
300 g or 550 g



15% OFF
AT TILL

Thrifty Kitchens
Salsa or Dips
Made In-Store Daily



15% OFF
AT TILL

Thrifty Kitchens
BBQ Grillers
Made In-Store Daily



200 PTS
when you spend \$12

\$3 EACH

Thrifty Kitchens
Seafood Cakes
Shrimp & Crab
Made in Victoria



WE PICK
BC
FIRST

Thrifty Kitchens **Fresh Meat Department Kabobs**
Beef, Chicken or Pork
Made In-Store Daily

10% OFF
AT TILL



400 PTS
when you buy 1

Thrifty Kitchens
Family Sized Meals 1.3–1.5 kg
Available Chilled





Discover Your New Favourite Summer Soft Drinks



150 PTS
when you buy 2

2/\$7

Compliments
**Lem&Tea or Raspberry
Lemonade 1.89 L**
*While Supplies Last



200 PTS
when you buy 2

Compliments
**Sparkling Water
12x355 ml**
5.99
EACH

Our **TEAM'S PICKS**

 **A HAND-PICKED SELECTION OF OUR FAVOURITE LOCALLY MADE OR GROWN FLAVOURS AND BRANDS**



BUY 1 GET 1 FREE*

BC Fresh Whole Frying or Roasting Chicken
Product of Surrey
Regular Retail Starting at: \$5.29/lb \$11.66/kg

WE PICK BC FIRST



WE PICK BC FIRST

BUY 1 GET 1 FREE*

Bergen Farms BC Blueberries
Grown in Abbotsford or on Vancouver Island
510 g/18 oz. Pack



BUY 1 GET 1 FREE*

Tribal Java Organic Coffee
Selected Varieties
340-400 g
Roasted in Vernon

ORGANIC

WE PICK BC FIRST



MEMBERS SAVE \$2 EACH
5.99
EACH
MEMBER PRICE

7.99
EACH
without Scene+ Card

Island Farms Premium, Plus or Country Cream Ice Cream
1.65 L
Selected Made in Victoria

WE PICK BC FIRST

Scene
**DIGITAL
EXCLUSIVE**

OFFER AVAILABLE
JULY 17 - JULY 23, 2025

LOAD IT TO GET IT!

- 1 Download the Thrifty Foods app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Activate your offers in the **Thrifty Foods app** or at **MyGroceryOffers.ca**

SAVE \$3
when you buy 1

Portofino **Sourdough
Artisan Loaf** 585 g or
Sourdough Pan Bread
810 g



Get **600 PTS**
when you buy 2
Compliments **Chicken Wings**
Breaded, Selected, 800 g

SAVE \$1
when you buy 1
Excel **Bottled Gum**
40-60 Pack



Get **400 PTS**
when you buy 2
Old Dutch **Chips**
Selected, 200-235 g



Download on the
App Store

GET IT ON
Google Play

Offer valid July 17 to July 23, 2025, at all Thrifty Foods Locations in British Columbia. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

NEW

iöGO

**MADE WITH
REAL
FRUIT**

**MADE IN
CANADA** 
FROM DOMESTIC AND IMPORTED INGREDIENTS

Frozen Yogurt

Discover your new favourite flavour!



5.99
EACH

iöGO® Frozen Yogurt
946 ml, Bars 4x80 ml
or Nanö® Bars 8x50 ml

Selection May Vary by Location



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