THRIFTY FOODS
Eat happy





Fresh Pork Tenderloin or Side Ribs $6.59/kg
2.99 /LB



2.49 /100 G
Chilean Coho Fillets Frozen or Previously Frozen **$11.29/lb**

TRY OUR NEW *Festive Holiday Bowl* FOR A LIMITED TIME



8.99 EACH
Bowls 435–459 g Available Chilled **Made In-Store**
200 PTS when you buy 2



6.99 EACH
SanLucar **Tangerines** **3.3 lb, 1.5 kg Pack** Product of Australia

4.99 EACH
Island Farms **Classic Ice Cream** 1.65 L Selected



6.49 EACH
IÖGO **Creamy Yogurt** 16 Pack or Siggi's Icelandic Style Skyr Yogurt 650–750 g



6.49 EACH
Purex **Bathroom Tissue** 12=24 or 8=24 Rolls, SpongeTowels 3=6 Rolls or Scotties Facial Tissue 6 Pack



200 PTS when you buy 2
10.99 EACH
Level Ground **Coffee** 300 g



SMILE it's OUR BLACK Friday 4 DAY sale
THUR 26 | FRI 27 | SAT 28 | SUN 29



4.67 EACH
Compliments **Butter** Salted or Unsalted 454 g **Rest of Week: $4.99 Each**



400 PTS when you spend $30 or more
2/$8
Thrifty Kitchens **Fresh Stuffed Chicken** Selected

5/$30 OR 7.99 EA
Sunrise Farms **Crispy Tenders, Nuggets or Burgers** Fully Cooked, Frozen 700 g





4.77 EACH
Cookies Assorted 10 Pack, 310 g or Mini 24 Pack, 312 g **Baked In-Store**

$5 EACH
Energizer Batteries AAA 4 Pack, AA 8 Pack or 9V 2 Pack



Scene GIVE & GET **GET 1,000 PTS** FOR EVERY $200 SPENT ON SMILE CARD GIFT CARDS!
That's like $10 toward your groceries
EVERYONE loves YOUR SMILE and we hope this CARD makes IT EVEN BIGGER! THRIFTY FOODS
See Offer Details on Page 5
DIGITAL FLYER

PROUDLY Canadian since 1977 ON SALE specials THURS, NOVEMBER 26 – WED, DECEMBER 2, 2026

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THRIFTY WK31 | DOCKET #: 207268 INDD PRF 4 AD

BLACK FRIDAY

THE BEST DEALS START HERE

Spend $100 in select gift cards and get 1,500 PTS

















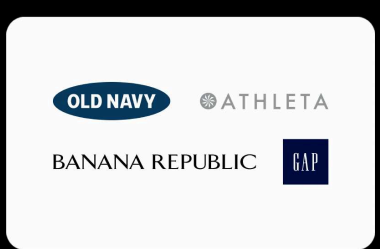



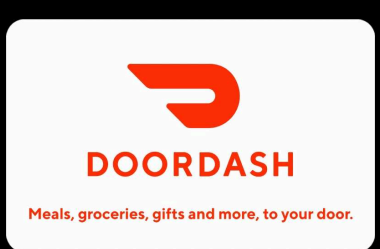



Offer valid Nov 26 - Dec 2, 2026. Participating cards include: Love Canada, One4all Ultimate Choice, Fun & Fabulous, WaySpa, Google Play, Joey Restaurants, Kobo, PlayStation®, H&M, Gap, DoorDash, Home Hardware. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability. Cards issued by Peoples Trust Company.



Thrifty Kitchens **Fresh Flattened Chicken** Whole or Half, Selected

MEMBERS SAVE 10% OFF AT TILL MEMBER PRICING

WE PICK BC FIRST



BUY 2 GET A 3RD FREE*

Cheesecake Slices or Bars
250–260 g



Sterling Silver PREMIUM MEATS

Sterling Silver **Fresh Beef Sirloin Tip Roast or Steaks** Family Size, Cut By Our Meat Expert from Canada AAA Grade Beef
$19.82/kg

8.99 /LB



BUY 2 GET A 3RD FREE*

Panache **Seafood Appetizers**
252–355 g
Selected

250 PTS when you buy 1

11.99 EACH



Panache **Belgian Biscuit Collection**
500 g, While Supplies Last



9.99 EACH

Wonderful **Pistachios** Salted or Lightly Salted, 450 g or Shelled Pistachios, Assorted Varieties, 155–170 g



1.99 EACH

Long English Cucumbers
Product of Canada

LIMITED TIME only



200 PTS when you buy 2

$7 EACH

Sweet Stinger Hot Honey, Cup & Char Pepperoni Flatbreads or Select Varieties, 230–305 g

4.49 EACH

Robin Hood **Flour**
2.5 kg, Eagle Brand Condensed Milk 300 ml or Laura Secord Chocolate Chips 250 g, Selected



2.99 EACH

Yerba Madre **Yerba Mate**
458 ml



100 PTS when you buy 3

2/5.50

Quaker **Crispy Minis**
90–100 g or Rice Cakes 127–199 g



9.97 EACH

Cracker Barrel **Cheese**
740 g or Shreds 590 g



9.99 EACH

Gain **Liquid Detergent**
2.39–2.6 L, Flings! 31 Pack, Downy Fabric Enhancers 368–379 g or Bounce Sheets 120–200 Pack



8.99 EACH

Kellogg's, General Mills or Post **Jumbo Cereal**
700 g–1.3 kg



5.99 EACH

Silk **High Protein Beverages**
1.42–1.75 L or Yogurt 500–625 g



4.99 EACH

Compliments **Liquid Honey Bear** 375 g, Jam 375–500 ml or Peanut Butter 1 kg

Scene+ DIGITAL EXCLUSIVE
Shop and get 500 PTS when you buy 2
Load this offer in the Thrifty Foods app



LET'S SUPPORT our local FOOD BANK

DONATE IN STORE NOV.30TH - DEC.24TH
100% OF YOUR DONATION GOES TO OUR LOCAL FOOD BANK

CUSTOMER CARE: 1 866 948 0196 • PARTY PLATTER HOTLINE: 250 483 1666 • Visit www.thriftyfoods.com for hours of operation and store and pharmacy locations.
Printed using vegetable based inks. Please recycle this flyer where facilities exist. We reserve the right to limit quantities. Personal shopping only. Styled food photographs illustrate serving suggestions only. Canadian product(s) meet applicable Canadian claim definition as per the Canadian Food Inspection Agency (CFIA) and Competition Bureau respectively.

Where this symbol appears, deposit & enviro levies are applicable.

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THRIFTY WK31 | DOCKET #: 207268 INDD PRF 4 AD

MEMBERS SAVE $1
5.99 EACH
MEMBER PRICING

6.99 EACH without Scene+ Card

SanLucar **Navel Oranges** 3 lb, 1.36 kg Product of Australia



SanLucar EXCLUSIVE TO US



2.99 /LB
Honeycrisp Apples Extra Fancy, Large, Product of British Columbia **$6.59/kg**



100 PTS when you buy 2
2.99 EACH
Large Red Mangoes Product of Brazil

ORGANIC



150 PTS when you buy 3
2.49 EACH
Organic Avocados Product of Mexico



14.99 EACH
400 PTS when you buy 1
Fresh Chestnuts 2 lb, 908 g Pack Product of Italy

100% FRESH GUARANTEE*
STOREWIDE SATISFACTION OR YOUR MONEY BACK.



99¢ EACH
100 PTS when you buy any 4
Lemons or Limes Product of South Africa or Mexico



8.99 EACH
Organic Mandarin Oranges 4 lb, 1.82 kg Pack Product of China



50 PTS when you buy 1
3.99 EACH
Compliments Organic **White or Pearl Button Mushrooms** 227 g Pack Product of British Columbia



75 PTS when you buy 1
3.99 EACH
Living Lettuce Butter, Red, Green or Trio, Product of Canada



4.99 EACH
75 PTS when you buy 1
Kalettes 250 g Product of British Columbia



5.99 EACH
Yellow, Red or Russet Potatoes 5 lb, 2.27 kg Pack Product of British Columbia

100 PTS when you buy 1
6.99 EACH
Compliments Organic **Mixed Baby Greens** 312 g Product of USA



*If you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can present the product and/or receipt and we will provide you with the appropriate reimbursement. Restrictions apply, see **www.thriftyfoods.com/bringing-you-bigger-smiles** for details.

Ask our FLORISTS for CUSTOM BOUQUETS, arrangements AND MORE!

21.99 EACH
Winter Delight Bouquet



11.99 EACH
Trafalger Light Up Tree Mini



12.99 EACH
Mini Gerbera Assorted Colours **15-Stem Bunch** Grown in Pitt Meadows



17.99 EACH
Hellebores Assorted Colours 6" Pot, Grown in Surrey



Scene+ The Scene+ Loyalty Program is available at all participating Thrifty Foods locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions.

NEW



THRIFTY Kitchens

WE PICK BC FIRST

3.49 /LB Thrifty Kitchens **BC Fresh Marinated Chicken Legs** Back Attached, Jerk or Korean Style **$7.69/kg**



Fresh Turkey Breast or Thigh Roast Boneless, Product of Western Canada **$22.02/kg**

9.99 /LB

CERTIFIED TENDER*

Sterling Silver PREMIUM MEATS



500 PTS when you spend $50 or more

21.99 /LB Sterling Silver **Fresh Beef Striploin Family Size Steaks or Roast** Boneless, Cut By Our Meat Expert from Canada AAA Grade Beef **$48.48/kg**

HOLIDAY HAPPY IS Cuts THAT Shine

5.99 EACH Lamb Tonight **Lean Ground Lamb** Product of Canada, 240 g





WE PICK BC FIRST

4.49 /LB **BC Fresh Chicken Thighs** Bone-In or Drumsticks, Family Size, Product of Surrey **$9.90/kg**





5.89 EACH Compliments **Naturally Smoked Bacon** Regular, Low Salt, Maple, Applewood Smoked or Black Pepper, Selected, 375 g



9.99 EACH Freybe **Pepperoni or Ham Sticks** 300–500 g, Product of Langley



5.99 EACH Johnsonville **Dinner or Breakfast Sausages** Frozen Selected, 250–500 g

BUY 2 GET 3RD FREE*



Compliments **Meat Appetizers** Frozen 252–800 g

Our SEAFOOD EXPERTS will FILLET your FISH in store - JUST ASK!

8.99 EACH **East Coast Lobster Tails** Frozen or Previously Frozen, 99 g, 3–4 oz, Product of Canada or 170 g, 6–7 oz **$16.99 ea**





CHOOSE CANADIAN SEAFOOD

200 PTS when you spend $15 or more

7.49 /100 G **Sea Scallops** 20–30 ct per lb Previously Frozen **$33.97/lb**

1.79 /100 G

100 PTS when you spend $8 or more

Fresh Wild Pacific Rockfish Fillets Subject to Availability Product of British Columbia **$8.12/lb**



WE PICK BC FIRST



7.99 EACH High Liner **Signature Cuts or Family Favorites Seafood** Frozen Selected, 350–700 g

9.99 EACH Ultra Natural **Hand-Peeled Shrimp** Cooked or Raw, 51–70 ct per lb, 300 g



Starting at **$8** EACH Compliments **Cooked Shrimp in Ring with Sauce** 255–737 g Selected Varieties Only



750 PTS when you buy 1

$25 EACH Compliments Naturally Simple **Black Tiger Shrimp in Ring with Sauce** 515 g, Selected Varieties Only



All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene+ for $10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to $500) per day. For full Scene+ Terms & Conditions or to redeem your points, visit https://www.sceneplus.ca/terms-and-conditions. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

HOLIDAY Happy is FRESHLY sliced

MEMBERS SAVE 20¢/100 G
3.79 /100 G MEMBER PRICING



3.99 /100 G without Scene+ Card

Compliments **Montreal Smoked Meat, Roast Beef, Corned Beef or Pastrami**
Sliced Fresh



4.99 EACH
MarcAngelo **Mortadella** Regular or Pistachio Selected, 110 g, Product of Italy



McLean **Clean and Lean Roasted Turkey or Ham**
Sliced Fresh
4.49 /100 G



7.99 EACH
Panache **Parmigiano Reggiano** Grated or Shaved, 100 g



4.99 /100 G
Natural Pastures **Comox Brie or Camembert**



12.99 EACH
MEMBER PRICING
Bella Casara **Burrata** 250 g



50 PTS when you buy 1
8.49 EACH
34 Degrees **Crispbread** Selected, 127 g



30% OFF AT TILL
Frico **Gouda** Mild, Medium, Spiced or Smoked

TAKE IT to go!

MEMBERS SAVE $1
5.99 EACH MEMBER PRICING
6.99 EACH without Scene+ Card

Olivieri **Skillet Gnocchi** 280–350 g



2/$10
Summ! **Asian Appetizers** 160–350 g
Available Chilled
or $5.49 Each



9.79 EACH
Summer Fresh **Salad** 650–750 g



13.99 EACH
150 PTS when you buy 1
Whole Festive Chicken Dagwood Sandwich 1.04 kg
LIMITED TIME only



ZENSHI HANDCRAFTED SUSHI

100 PTS when you buy 2
Zenshi **Spicy Tuna, Salmon or Shrimp Rolls** 198 g
10 pcs



MADE FRESH DAILY

150 PTS when you buy 2
Zenshi **Marina Plate** 207–234 g
6 pcs



Scene+ GET 1,500 PTS
FOR EVERY $100 SPENT ON PLAYSTATION®, ONE4ALL ULTIMATE CHOICE, FUN & FABULOUS, LOVE CANADA, WAYSPA, HOME HARDWARE, JOEY RESTAURANTS, GAP, GOOGLE PLAY, KOBO, H&M, OR DOORDASH GIFT CARDS GIFT CARDS!



Offer valid from Nov 26–Dec 2, 2026. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability. Cards issued by Peoples Trust Comany.

4 ON SALE specials THURS, NOVEMBER 26 – WED, DECEMBER 2, 2026



3.49/100 g **Raw Pecans** Halves or Pieces



2.99/100 g **Baking Almonds** Selected



MEMBERS SAVE $5
14.99 EACH MEMBER PRICING

19.99 EACH without Scene+ Card

Dan-D Pak **Walnuts** Halves & Pieces, 700 g



200 PTS when you buy 2

9.99 EACH Dan-D Pak **Glazed Fruit or Mincemeat** 400–500 g

BULK UP for baking season

ORGANIC



3.99/100 g Left Coast Organics **Organic Walnuts**



2.99/100 g **Dried Apricots**

BAKERY & more

$4 EACH **Sourdough Boule** 450 g Baked In-Store

Made with 100% CANADIAN FLOUR



9.99 EACH **Small Pull-Apart Cakes** 365–990 g



Starting at **12.99** EACH **Yule Logs** 450–700 g



MEMBERS SAVE 50¢
5.49 EACH MEMBER PRICING

5.99 EACH without Scene+ Card

All Butter Chocolate Croissants, Brioche or Twists 4 Pack, 275–400 g Baked In-Store



NATURAL & ORGANIC

7.99 EACH Terra **Granola** 340 g, Made in Vancouver



WE PICK BC FIRST

Starting at **5.99** EACH Olympic **Organic Yogurt** or Greek 650 g, Made in Delta



ORGANIC

9.99 EACH Chosen Foods **Avocado Oil Mayonnaise Squeeze** 332 ml



200 PTS when you buy 1

8.99 EACH Compliments Organic **Frozen Fruit** 600 g



ORGANIC

6.99 EACH Nature's Bakery **Fig Bars** 340 g



8.99 EACH Schär **Gluten Free Cookies or Crackers** 150–210 g or Bread 400 g



Gluten FREE

3.79 EACH Compliments Organic **Tortilla Chips** 240 g

ORGANIC



3.99 EACH 50 PTS when you buy 2 Chimes **Ginger Chews** 100 g



Scene+ GIVE & GET

Receive 1,000 Scene+ Points when you purchase $200 in Smile Card Gift Cards. Offer valid from November 26 – December 2, 2026 at all Thrifty Foods locations in British Columbia. Gift card purchase must be in a single transaction and cannot be combined with other gift card offers. Smile Card Gift cards cannot be purchased with other Corporate gift cards. No base Scene+ points earned. Offer is valid only on Smile Card gift cards. Limit of 5 offers per account number. No coupon is required. Scene+ digital or physical membership card must be presented. Offer subject to change and may be withdrawn without notice. Visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. ® Scene+, Scene & Design and the Icon Design are registered trademarks of Scene Plus IP Corporation, used under license.

200 PTS when you buy 2

3.49 EACH

Compliments **Zero Sugar Drinks** 1.36 L



6.99 EACH

Kraft **Philadelphia Cream Cheese** 340 g or MacLaren's Imperial Cheese 230 g



5.99 EACH

Paradise Island **Feta Cheese** 200 g, Packaged In Nanaimo



BUY more SAVE more

4.99 EA WHEN YOU BUY 2 OR MORE OR 1 FOR 5.99

Cracker Barrel **Cheese Slices** 200–240 g



DAIRY & frozen

3.99 EACH

Kozy Shack **Pudding** 624 g or 4 Pack



8.49 EACH

Liberté **Greek Yogurt** 900 g–1 kg



5.99 EACH

International Delight **Creamers** 946 ml or Cold Foam 369–396 g



100 PTS when you buy 2

4.49 EACH

Dairyland **Aerosol Whipped Cream** 225 g



5.49 EACH

Shepherd Gourmet **Skyr Icelandic Style Yogurt** 500 g



4.99 EACH

A2 **Half & Half Cream** 473 ml From Cows That Naturally Produce the A2 Protein



MEMBERS SAVE 50¢

2.99 EACH MEMBER PRICING

3.49 EACH without Scene+ Card

Compliments **Waffles** 8 Pack, 280 g



5.99 EACH

Ben & Jerry's **Ice Cream** 473 ml or Magnum Ice Cream Bars 3 Pack, Selected



100 PTS when you buy 3

5.49 EACH

Healthy Choice **Gourmet Steamers** 269–306 g or Swanson Frozen Dinners 255–345 g



2/$7

Green Giant **Frozen Vegetables** or Valley Selections 400–750 g



4.49 EACH

McCain **Superfries** 454–800 g



VITAMINS & more

100 PTS when you buy 1

19.99 EACH

Suku **Vitamin Gummies** 60 Pack



20% OFF

Sisu **Ester-C Supplements** 60–240 Pack



2/$5

Bio-K+ **Probiotic Supplements** 56–98 g



300 PTS when you buy 2

20% OFF

Vital Proteins **Collagens** 201–567 g



25.99 EACH

Vega **Protein + Supergreens** 510–526 g



100 PTS when you buy 2

2/$5

Love Good **Bars** 39–60 g



6.99 EACH

200 PTS when you buy 2

Crest 3D White **Toothpaste** or Oral-B Toothbrushes 85 ml–1 L or 1–2 Pack, Selected



8.99 EACH

Pampers **Baby Wipes** 168–192 Pack



15% OFF

Trojan **Condoms** 8–36 Pack Selected



400 PTS when you buy 2

20.99 EACH

Depend **Underwear or Poise Pads** Selected



6 ON SALE specials THURS, NOVEMBER 26 – WED, DECEMBER 2, 2026

† Available while a Pharmacist is on Duty

PO6_TF_WK31_PRN

DRINKS & snacks

2/$9 Ruffles **Potato Chips** 180–200 g



2/$6 Celsius or Alani Nu **Energy Drinks** 355 ml



6.99 EACH **50 PTS when you buy 2**

Ocean Spray **Sparkling Juice** 6x340 ml



100 PTS when you buy 2

6.99 EACH

Tazo **Tea Concentrates** 946 ml



200 PTS when you buy 2

11.99 EACH

Nabob **Coffee** 340 g



2/$9 Sunchips 205 g, Rold Gold **Pretzels** 198–370 g or Hostess Hickory Sticks 275 g



$5 EACH **500 PTS when you buy 4**

McVitie's **Cookies** 300–400 g or Walker's Shortbread, Selected 135–150 g



2/$7 Pepperidge Farm **Goldfish Crackers, Cookies or Crisps** 156–227 g or Dare Ultimate Cookies 290–300 g



10.99 EACH

Cadbury **X-Large Bagged Chocolate** 300–361 g



2/$5 Quaker **Dipps or Chewy Granola Bars** 120–156 g



GROCERY & more

2/$9 Quaker **Cereals** 350–510 g



3.69 EACH

Del Monte **Fruit Bowls** 4 Pack or Mott's Fruitsations 6 Pack



3.49 EACH

Compliments **Bagels** 6 Pack or Dempster's White, Whole Wheat or Texas Toast Bread 570–675 g



300 PTS when you buy 2

Club House La Grille **Seasonings** 120–248 g or Spice Blends Selected 111–203 g



MEMBERS SAVE 50¢

9.99 EACH MEMBER PRICING

10.49 EACH without Scene+ Card

BBQ Pit Boys **Seasonings** 250–390 g or SZN Burger Binders, Seasonings & Spices 220–360 g



6.49 EACH

Mutti **Peeled Tomatoes or Polpa Finely Chopped Tomatoes** 796 ml



2.79 EACH

Chef Boyardee 418–425 g



7.49 EACH

Stefano **Pasta Sauce** 405–648 ml



BUY more SAVE more

2.99 EA WHEN YOU BUY 3 OR MORE OR 1 FOR 3.99

Garofalo **Imported Dry Pasta** 500 g



2.99 EACH

VH **Sauces** 341–380 ml Selected



HOUSEHOLD & more

4.99 EACH

Alcan **Foil** 50 ft or Non-Stick 25 ft or Cut-Rite Wax Paper 75 ft



9.99 EACH **200 PTS when you buy 2**

Compliments **Waste Bags** 90 L 24 Pack or Black 74 L, 40 Pack



150 PTS when you buy 1

Purina ONE **Pet Food** 1.72 kg



2.79 EACH

Scotties **Facial Tissue Holiday Cube** 3 Ply, 60 Sheets



150 PTS when you buy 2

4.49 EACH

Febreze **Air Freshener** 230 g



Scene+ RECEIPT REWARDS

ALL WEEK LONG!

SPEND $50 OR MORE and receive a bonus offer on your receipt!*

*SCENE+ CARD and minimum $50 grocery spend in a single transaction required

Offer valid from November 26-December 2, 2026 at all Thrifty Foods locations in British Columbia on qualifying grocery purchases. No base Scene+ points earned. Receive a Bonus Offer voucher when you spend $50 or more (before taxes and exclusions) on groceries in a single transaction ("Qualifying Purchase"); excludes taxes, gift cards, tobacco and any other non-discountable product excluded by law. McCafé®/Tim Hortons® (Starbucks®), and fluid dairy may be excluded in certain regions. Limit one Bonus Offer voucher per account number. Not valid on previous sales. Bonus Offer voucher is valid from December 3-9, 2026. Limit one Bonus Offer redemption per transaction. Scene+ card must be presented. Visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. ®Scene+, Scene & Design and the Icon Design are registered trademarks of Scene Plus IP Corporation, used under license.

LOCKED DOWN and SMILE Priced



300 PTS when you buy 2

6.99 EACH

Compliments **Pepperoni or Salami Chubs** 500 g



13.99 EACH

Panache **Cream Pies** Frozen, 700 g



18.99 EACH

Arbutus Seafoods **Bacon Wrapped Scallops** Frozen 454 g



100 PTS when you buy 2

7.49 EACH

Scones 6 Pack, 500 g
Baked In-Store

150 EA WHEN YOU BUY 2 OR MORE OR 1 FOR 2.19-2.49



Pepsi **Soft Drinks** Montellier or Aquafina Water 1 L or Brisk Iced Tea 710 ml–1 L

100 PTS when you buy 2

2.99 EACH



Compliments **English Muffins** 6 Pack

6.99 EACH



David's Tea 12–15 Pack

4.99 EACH



Lindt **Swiss Classic Chocolate** 100 g

100 PTS when you buy 1

9.99 EACH



Panache **100% Pure Maple Syrup** 375 ml

2.39 EACH



Knorr **Sidekicks** 120–167 g

15.99 EACH



Arm & Hammer **Hard Clumps Cat Litter** 12.7 kg

5.99 EACH



Scrubbing Bubbles **Bathroom Cleaners or Shower Foamer** 567–623 g or 946 ml or Easy Peasy 385 g or 946 ml

LOOK FOR 1000+ SMILE Priced ITEMS THROUGHOUT THE STORE
LOCKED DOWN PRICES ends Dec 31st

D01_TF_WK31_DIG_PRICE_LOCK_GROCERY

HOLIDAY HAPPY IS *oven-made magic*



4.49 EACH

Robin Hood **Flour** 2.5 kg, Eagle Brand Condensed Milk 300 ml or Laura Secord Chocolate Chips 250 g, Selected



15% OFF

Compliments **Baking Nuts** 100 g Selected (Excludes Pine Nuts) or Raisins, Currants, Dates or Prunes, Selected, 375–750 g



2.99 EACH

Dr. Oetker **Pie Fillings** 105–164 g, Mousse Selected, 28–120 g, Shirriff Butter Tart Filling Mix 180 g, Carnation Evaporated Milk 354 ml or Compliments Marshmallows 250 g



5.99 EACH

Fleischmann's **Baking Powder** or Yeast 100–340 g, Dream Whip Dessert Topping 170 g or Tenderflake Lard 454 g

6.49 EACH

Christie **Honey Maid Crumbs** 400 g or Baker's Chocolate 170–225 g





4.99 EACH

Crisco **Shortening** Selected 454 g



150 PTS when you buy 2

Club House **Spice Tins** Selected 18–96 g or Extracts, Selected, 43 ml

6.99 EACH

E.D. Smith **Pie Filling** 540 ml or Pure Pumpkin 796 ml





3.49 EACH

Compliments **Frozen Pie Shells, Tart Shells or Phyllo Pastry** 255–454 g Selected

5.49 EACH

Island Gold **Large White Eggs** Veggie Fed 12 Pack Produced in Abbotsford or on Vancouver Island



4.99 EACH

Reynolds **Parchment Paper** 35 ft



20% OFF

Compliments **Baking Sheets or Pans** Selected



DO2_TF_WK31_DIG_BAKING

DELIGHT with desserts FEATURING

Made with Nestlé THE ORIGINAL • L'ORIGINAL TURTLES®

For a Limited Time Only



23.99 EACH

Dessert Cakes
Made with Turtles® 810 g,
Half Cake 405 g **$12.99**
or Slice 135 g **$4.99**



MEMBERS SAVE $1
8.99 EACH
MEMBER PRICING

9.99 EACH without Scene+ Card

Small Bar Cakes Made with Turtles®
720 g



MEMBERS SAVE $2
15.99 EACH
MEMBER PRICING

17.99 EACH without Scene+ Card

Cheesecakes Made with Turtles®
620 g



4.99 EACH

75 PTS when you buy 2

Danish Made with Turtles®
6 Pack, 300 g



7.99 EACH

Brownies
Made with Turtles®
325 g

BUY 3 GET A 4TH FREE*



Small Patisseries
Made with Turtles®



7.99 EACH

Brownie Cakes
Made with Turtles®
325 g

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Starting at
12.99 EACH

Compliments
Gingerbread House
748–880 g



LIMITED TIME only



BUY more SAVE more

9.99 EA
WHEN YOU BUY 2 OR MORE
OR 1 FOR 11.99

Grab & Go Cookie Lovers Bliss or Dessert Bars
495–530 g

DO3_TF_WK31_DIG_BAKERY

Our TEAM'S PICKS

These limited edition frozen treats are made with no artificial colours & prepared in Canada



Turtles® **Frozen Dessert Cones** 4 Pack or After Eight Frozen Dessert Bars 4 Pack While Supplies Last

Rich and creamy holiday-themed ice cream made with 100% Canadian dairy



Chapman's **Holiday Moments Salty Caramel Shortbread or Peppermint Twist Ice Cream** 1.5 L or Selected Holiday Moments Novelties 6–12 Pack While Supplies Last



Bite-sized ice cream wrapped in soft cookie dough

5.49 EACH

Compliments **Sugar Cookie or Mint Chocolate Dough'chi Bites** 6 Pack, While Supplies Last



150 PTS when you buy 2

Peppermint ice cream with icing flakes, dipped in milk chocolate

Panache **Premium Mistletoe Wish Ice Cream Bars** 4 Pack While Supplies Last



Creamy, rich, small-batch gelato crafted with simple ingredients

6.99 EACH

Righteous **Egg Nog Gelato** 473 ml, While Supplies Last

D04_TF_WK31_DIG_OTP

SELECTION MAY VARY BY LOCATION, WHILE QUANTITIES LAST

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THRIFTY WK31 | DOCKET #: 207268 INDD PRF 4 AD

HOLIDAY HAPPY IS platter ready

ON SALE *specials* NOVEMBER 26 – DECEMBER 31, 2026

CHEESE GATHERING

Our most popular cheeses cubed for easy nibbling. Mild Cheddar, Creamy Havarti, Swiss and Marble Cheddar.

Small serves 8-10
Large serves 15-20



WE MAKE IT EASY!

SHOP OUR SELECTION OF **50+** MADE-TO-ORDER TRAYS!
Ask in-store for full selection.

Get 1,000 PTS
When you spend $75
or
Get 2,500 PTS
When you spend $150 or more

That's like $25 toward your groceries

Let's start with appies!





Family faves everyone will enjoy!



NATURE'S BOUNTY!

A beautifully presented variety of Fresh Berries, Pineapple, Red and Green Seedless Grapes, Kiwi, Cantaloupe, Watermelon and Honeydew.

Serves 20-25

WRAP GATHERING

An appetizing assortment of freshly prepared wraps, including Chicken Caesar, Crispy Chicken, Turkey Club and Buffalo Chicken. Ask in-store for additional varieties.

Small serves 5-6
Large serves 8-10

DESSERT BARS!

Our Hand-Cut Squares are a welcome addition to any table.

Small serves 15-20
Large serves 20-25

LEARN MORE

Order in-store or online today!
Visit thriftyfoods.com/entertain for tray selections and ordering tips

D05_TF_WK31_DIG_MTO_TRAYS

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THRIFTY WK31 | DOCKET #: 207268 INDD PRF 4 AD

Savour & SHARE

ELEVATE YOUR *charcuterie* FOR THE HOLIDAYS

TOUCH OF SAVOURY



MIX & Match

1,000 PTS when you buy 4

That's like **$10** toward your charcuterie board

Panache **British Isles Cheeses** 200 g or 2-Year or 5-Year Aged Applewood Smoked Cheddar 225–250 g, Compliments Brie, Camembert, Triple Cream Brie Cheese 170–200 g or Goat Cheese 113 g, Castello Blue Cheese 113–125 g, Kaukauna Cheese Balls 170 g, Panache Italian Meats 100 g or Toppers, Selected, 130 ml or Crisps 150 g

TRADITIONAL CHEDDAR ADDITION





RELIABLE CROWD-PLEASER

ADD A TOUCH OF SWEETNESS









STRONG BOLD FLAVOUR



UNIQUE TANGY TASTE



DO6_TF_WK31_DIG_HMR



12.98 EACH
Asian Pear Gift Pack
8 Pack Product of China

3.99 EACH
Compliments **4 Pack Mini Hummus, Regular Hummus or Dips** 227–228 g





8.98 EACH
Shine Muscat Grapes
1 lb, 450 g Pack
Product of Korea

Savour the WORLD

EXPLORE INTERNATIONAL FLAVOURS



6.29 EACH
Goldenfry **Gravy Granules** Selected 300 g



5.49 EACH
Aunty's **Steamed Puds** 2x95 g, Selected



5.79 EACH
Lyle's **Golden Syrup** 454 ml



5.99 EACH
Mrs. Tilly's **Famous Scottish Tablet** 150 g



1.79 EACH
Sainsbury's **Candy** Selected, 70 g



1.79 EACH
Sainsbury's **Baked Beans in Tomato Sauce** 200–400 g



2.19 EACH
Sainsbury's **Biscuits** Selected, 200 g



1.99 EACH
Tunnock's **Coconut Snowballs** 120 g

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

CHRISTMAS TREES & Decor HAVE ARRIVED!

WE PICK BC FIRST

Christmas Trees
Locally Grown in Cobble Hill or Outdoor Holiday Décor, Selection May Vary by Store

FROM POTTED TREES, WREATHS OR HOLIDAY BOUGHS, WE HAVE WHAT YOU NEED TO DECORATE YOUR HOME



D08_TF_WK31_DIG_Z1_HOLIDAY_TREES

HOLIDAY HAPPY furry favourites this SEASON



6.99 EACH

Cookie Pal **Gingerbread Dog Treats** 250–300 g



9.99 EACH Caledon Farms **Holiday Pet Cookies** 227 g



150 PTS when you buy 2 Purina **Friskies Party Mix Cat Treats** 170 g



4.99 EACH

Whiskas **Temptations Snacky Elf** 12 g



200 PTS when you buy 2 Zuke's **Dog Treats** 170 g

6.99 EACH

Made Better **Dog Treats** 227 g



HOLIDAY HAPPY IS care WRAPPED with LOVE



Starting at **13.49 EACH**

Native **Holiday Body Wash or Deodorant** 75 g or 532 ml, Selected or Shampoo or Conditioner 487 ml

150 PTS when you buy 1

13.99 EACH

Dove **Holiday Body Wash** 591 ml Selected



Starting at **5.49 EACH**

Softsoap or Live Clean **Seasonal Hand Soap** 332–500 ml Selected



Starting at **16.99 EACH**

Nivea **Holiday Gift Pack** 1 Pack





15% OFF Ashley & Foster **Holiday Bath Collection** 1 Pack, Selected

UP TO 15% OFF

Blistex, Vaseline or Lip Smackers **Lip Care** 1–3 Pack Selected



V02_TF_WK31_DIG_HOLIDAY_HABA_PET

HOLIDAY HAPPY Gift

FROM NOV. 26 TO DEC. 23, IF YOU SEE THE GIFT OFFER ICON, LOAD AND SHOP AND YOU WILL RECEIVE*

50,000 PTS

That's like **$500** toward groceries!

LOOK FOR THIS GIFT OFFER ICON ON THE THRIFTY FOODS APP, OR MYGROCERYOFFERS.CA!

*Receive 50,000 Scene+ points when you load the Holiday Happy Gift offer (the "Offer") and make a minimum purchase of $5 on eligible grocery purchases at participating Thrifty Foods in British Columbia in a single transaction before applicable taxes and charges and after deducting any discounts or coupons. Scene+ card must be valid and registered. Only ten (10) customers in British Columbia will receive the chance to redeem this Offer each week between Thursday and the following Wednesday. Offer valid from November 26, 2026 to December 23, 2026. Offer must be loaded to a registered Scene+ card prior to transaction. Offer excludes taxes, tobacco products, gift cards, bottle deposits, prescriptions, lottery, alcoholic beverages, fuel, Western Union and any other non-discountable product excluded by law or as we determine from time to time. No base Scene+ points earned. Void if sold, transferred, or altered. Digital Offer has no cash value and cannot be combined with any other offers. Offer cannot be combined with other minimum spend/receive offer(s). Scene+ registered digital or physical card must be presented at time of transaction. Visit https://www.sceneplus.ca/terms-and-conditions.



V09_TF_WK31_DIG_HOLIDAY_FOODBANK

HOLIDAY HAPPY and HAPPY CHOICES



5.99 EACH

Earth's Own **Alt, Oat Protein or Naked Beverages** 1.75 L
Made in Delta



19.99 EACH

Salt Spring **Whole Bean Coffee** 400 g



5.99 EACH

Silk **Creamers** 890 ml

2/$6



Tonfino **Organic Kombucha** 355 ml or 12 Pack **$32.99**
Made in Tofino

ORGANIC

6.49 EACH

500 PTS when you buy 4

Walkers **Gluten Free Shortbread** 140 g



5.49 EACH



Triple Jim's **Sweet Apple Cider** 946 ml

7.99 EACH



Rise **Organic Kombucha** 1 L

ORGANIC

ORGANIC

11.99 EACH



Anita's **Organic White Unbleached Flour** 2 kg
Made in Chilliwack

2/$6



Underground **Kombucha** 355 ml

80 PTS when you buy 3

3/$8



Cove **Soda** 355 ml



3.29 EACH

Sprague **Organic Soups** 398 ml

ORGANIC



8.99 EACH

Enjoy Life **Chocolate Chips** 255–283 g



3.49 EACH

Kettle Brand **Chips** 156–198 g



8.99 EACH

Nonna Pia's **Pasta Sauce** 660 ml

NO1_TF_WK31_DIG

HOLIDAY HAPPY and HAPPY CHOICES

PLANT based



7.99 EACH

Beyond Meat **Plant-Based Sausage Links, Ground Beef or Steak** 226–400 g



7.99 EACH

Beyond Meat **Plant-Based Burger, Breakfast Sausages or Tenders** 226–236 g



15% OFF

Epik Eats **Marinated Tofu or Linguini Soy Noodles** **215–350 g Pack**



4.99 EACH

Gusta **Plant-Based Grounds** Assorted Varieties **340 g** Product of Canada

ORGANIC fresh



Starting at **5.99 /LB**

Bradner Farms **BC Organic Whole Chicken or Cornish Hen** Frozen Product of Abbotsford **Starting at $13.21/kg**



25% OFF

Left Coast Organics **Bulk Pantry Essentials** Packaged, 150–2.27 kg Selected



9.99 /LB

Bradner Farms **BC Fresh Organic Chicken Thighs** Product of Abbotsford **$22.02/kg**



7.99 EACH

Buck Brand **Organic Mandarins** **2 lb, 907 g Pack** Product of Deer Creek Heights Ranch, California

Organic Ambrosia Apples Extra Fancy **3 lb, 1.36 kg Pack** Product of British Columbia

6.99 EACH



NO2_TF_WK31_DIG

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Earn Scene+ points 3.7X faster with the Scotiabank Scene+ Visa Card.◇

APPLY NOW

◇Conditions Apply

